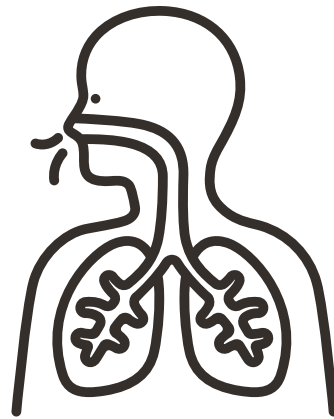
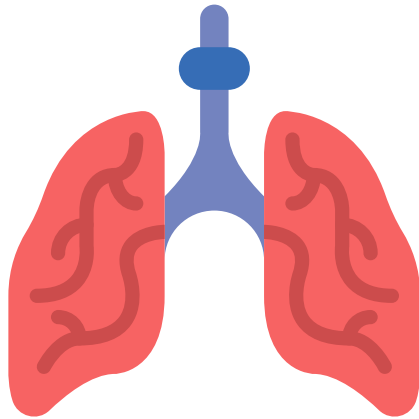




# Your Respiratory System



Your Respiratory System is the system explaining why we \_\_\_\_\_.

The main parts of your body that you use for breathing are your \_\_\_\_\_, \_\_\_\_\_, and \_\_\_\_\_.

Every cell in your body needs \_\_\_\_\_ constantly in order to live and function properly.

Oxygen is delivered to all your organs and tissues in a constant cycle.

First, you \_\_\_\_\_ and fill your \_\_\_\_\_ with oxygen.

Second, your lungs take the oxygen from the air you breath and transfer it into your \_\_\_\_\_.

Third, your red blood cells carry the oxygen throughout your body and delivers it to all your \_\_\_\_\_ and \_\_\_\_\_.

Fourth, as the oxygen is used your body releases \_\_\_\_\_.

Fifth, your red blood cells carry the carbon dioxide to your lungs.

Finally, carbon dioxide enters the lungs and is released when you \_\_\_\_\_.



## The Respiratory System of Music: Melody



The "breath" of music is the melody.

Just like every cell in your body needs a constant supply of oxygen in order to sustain life, each note in music needs a \_\_\_\_\_ in order to create music.

There are \_\_\_\_\_ main pitches in music. We can get \_\_\_\_\_ pitches by creating variations of the main pitches. Each of these pitches can be played low or high on an instrument so it seems like we have hundreds of different notes, but they are actually the same pitches played in different areas of the instrument (color wheel analogy).

Each of the main pitches is assigned a \_\_\_\_\_, A-G.

Another way we distinguish the different pitches is through \_\_\_\_\_. This is a system that assigns each pitch their own one syllable name so that we can easily learn the notes and be able to sight-read. The names assigned in solfege are:

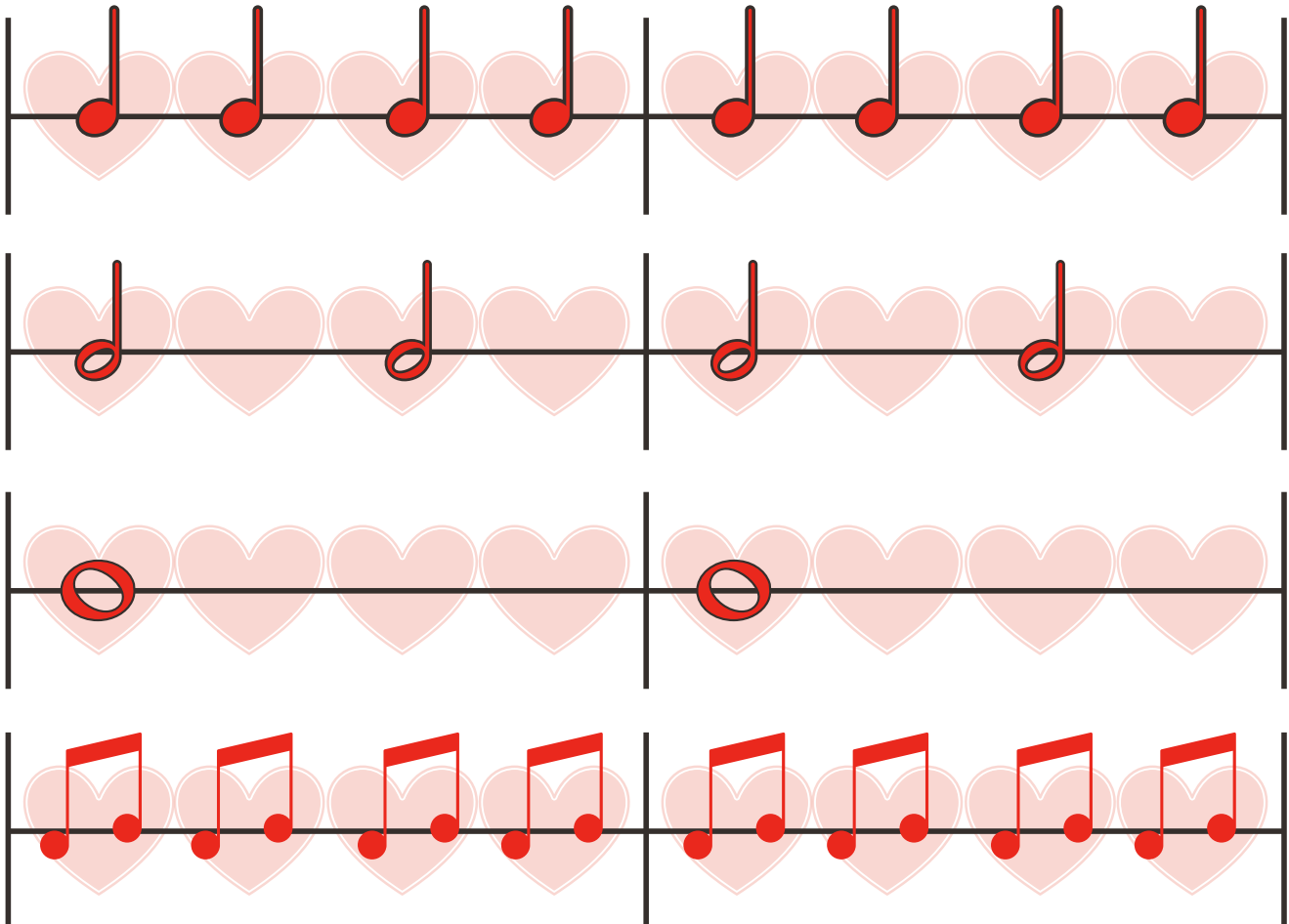
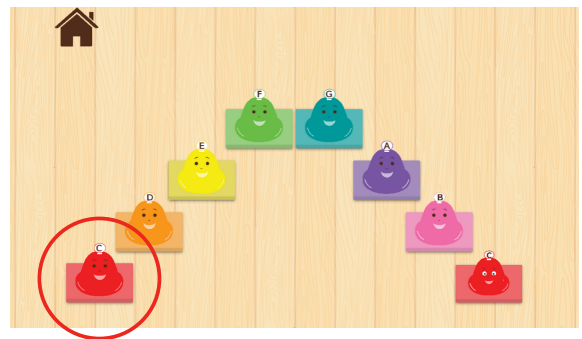
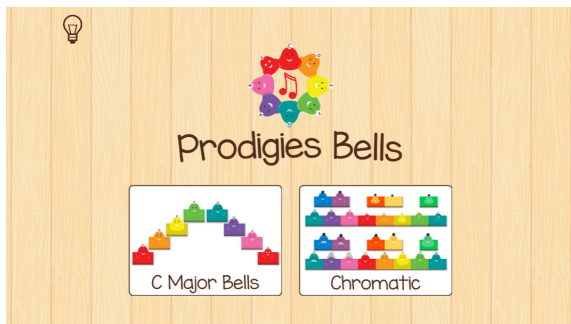


Over the next couple weeks we will be learning about the different jobs of each of these notes. This week we are going to focus on "DO" because it is the \_\_\_\_\_ of any piece of music.



## Activities:

1) Ask a parent if you can download the following app on a phone or a tablet. The app is free and will allow you to practice learning melody without purchasing an expensive instrument before you're ready. If you are able to get the app downloaded, you will practice playing your rhythms from last week, using the red "C" (DO) bell on the screen on the right. Next lesson we will delve into using more of the bells. A fun video to get you acquainted with all the pitches of solfege can be watched at:  
<https://www.youtube.com/watch?v=drnBMAEA3AM>





## Activities:

Now use the remaining lines to write as many of your own rhythms as you wish!

