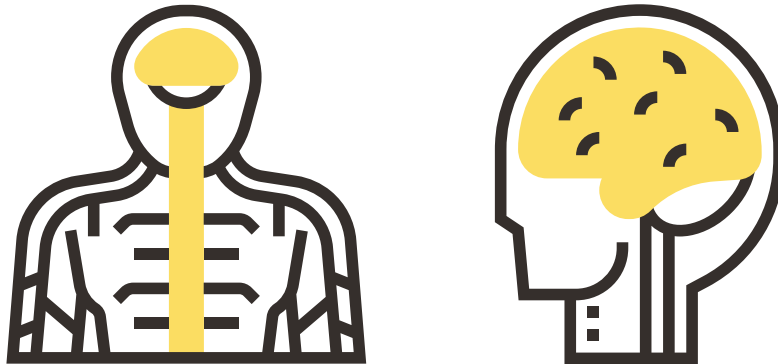




## Your Nervous System



Your nervous system is comprised of your \_\_\_\_\_, your \_\_\_\_\_ and your \_\_\_\_\_.

Your nervous system \_\_\_\_\_ and \_\_\_\_\_ the function of every system of your body.

The \_\_\_\_\_ and \_\_\_\_\_ make up your central nervous system.

The nerves that \_\_\_\_\_ the spinal cord are called the peripheral nervous system.

The brain sends signals at speeds up to \_\_\_\_\_ mph.

The brain sends specific \_\_\_\_\_ of specific \_\_\_\_\_ out to every organ and system of your body.

There are \_\_\_\_\_ all over the body that send signals back to the brain.

## The Nervous System of Music: The Musician



In music it is the musician that controls and coordinates the function of all other systems of music.

The musician is responsible to keep a steady \_\_\_\_\_.

The musician is responsible to play accurate \_\_\_\_\_.

The musician is responsible to play the proper pitches that will make up the \_\_\_\_\_.

The musician is responsible for the \_\_\_\_\_.

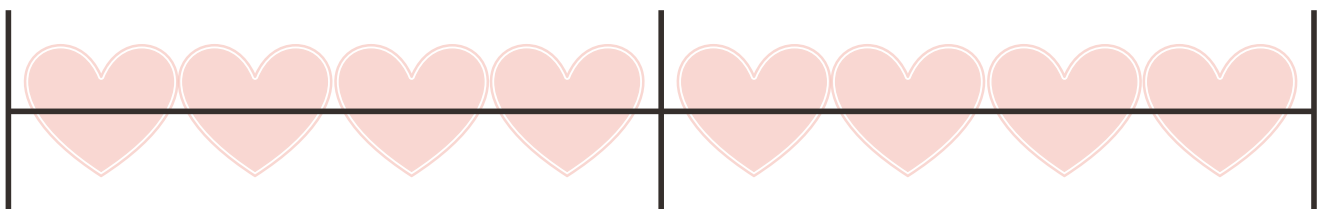
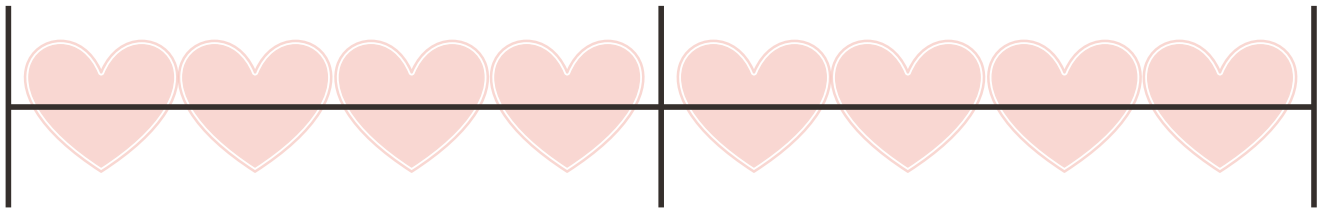
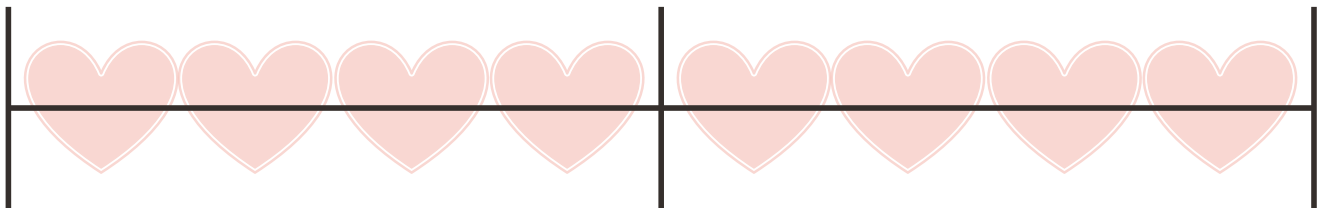
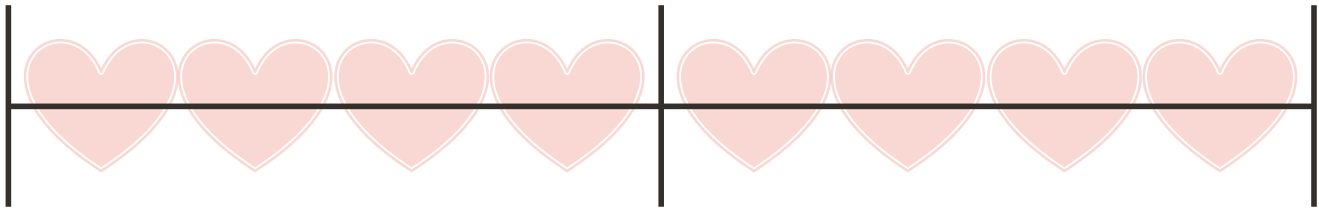
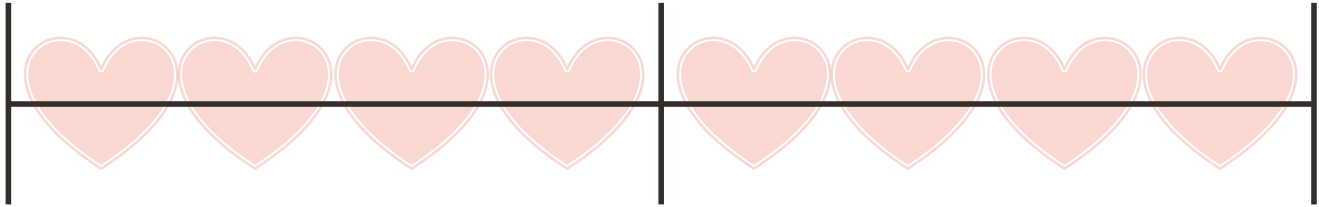
Unlike the nervous system that was created by God to inherently know how to function and heal, a musician can only create beautiful music by steady and consistent \_\_\_\_\_.

Some musicians practice music for several \_\_\_\_\_ per day!



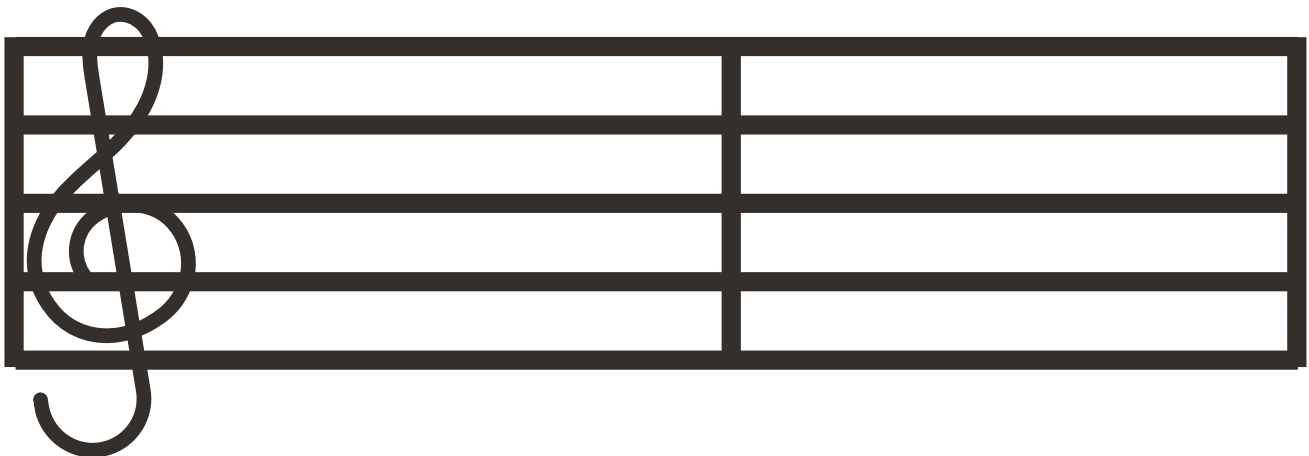
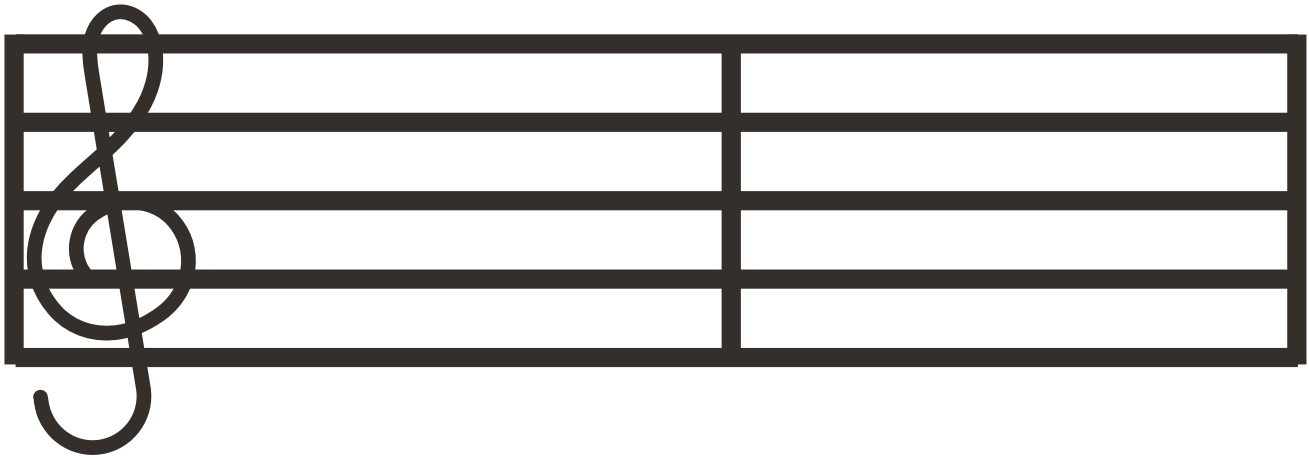
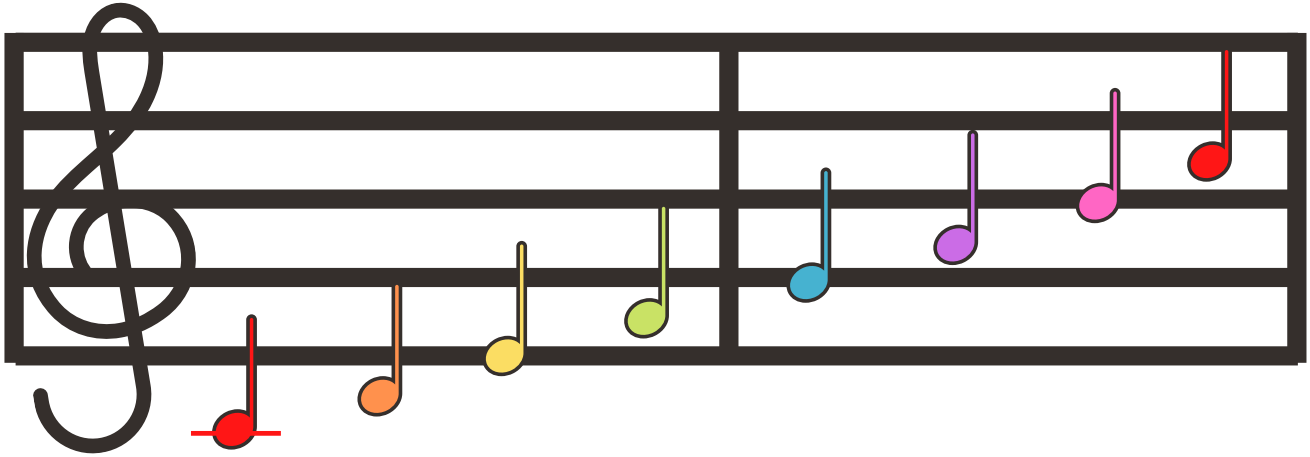
## Activities:

Use these lines to continue writing and practicing your own rhythms:



**Activities:**

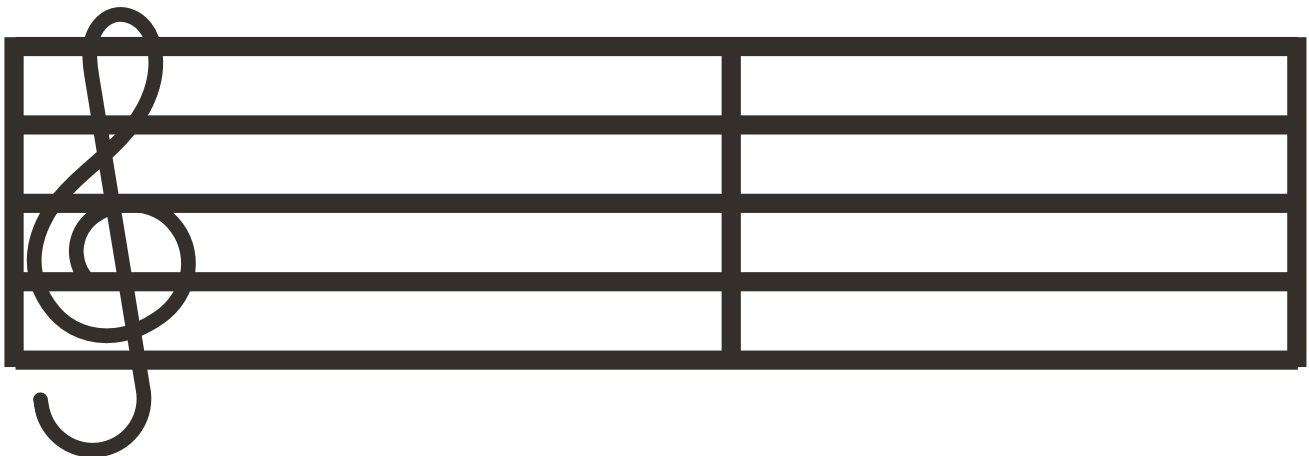
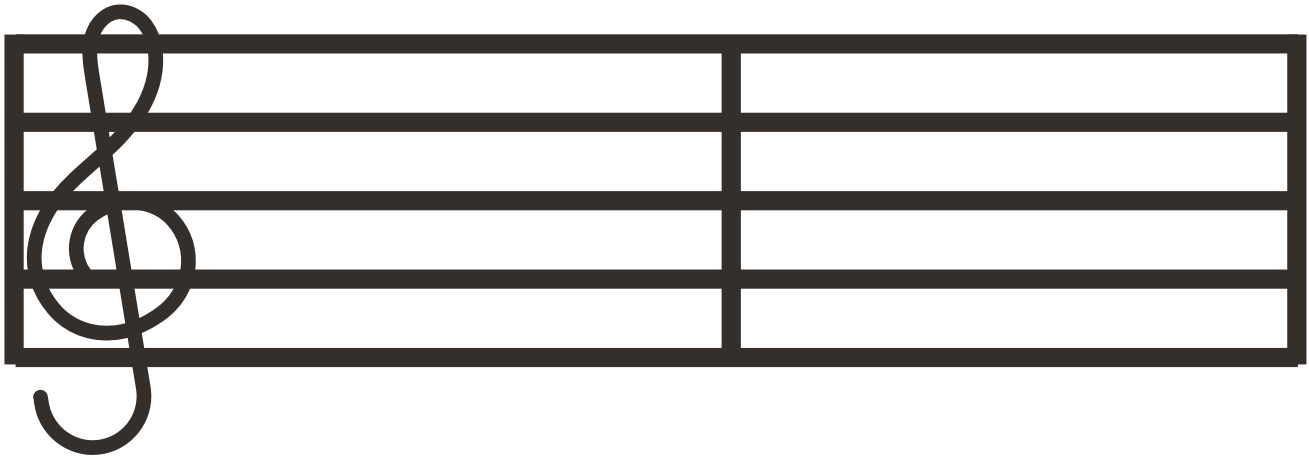
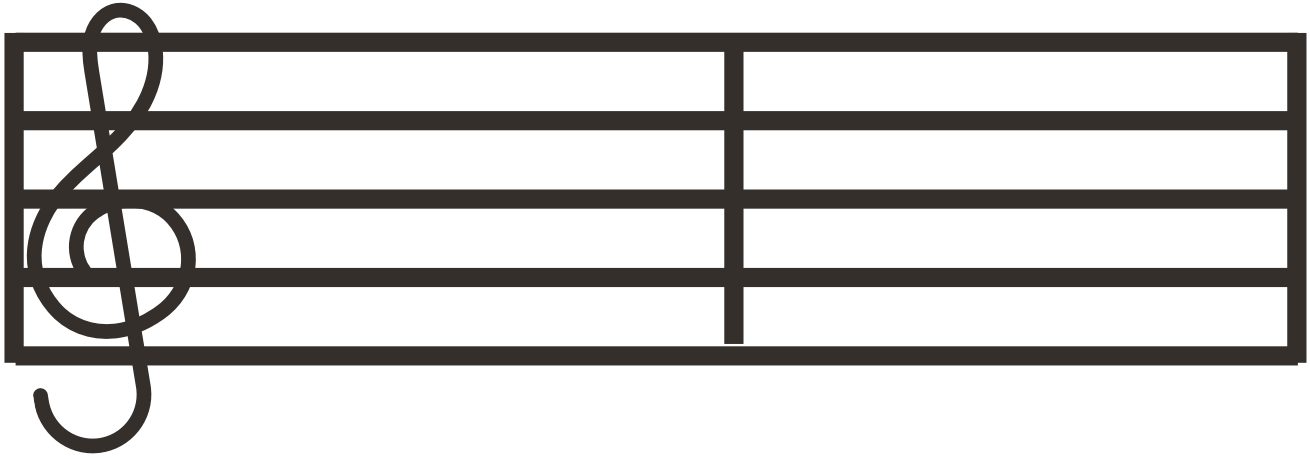
The full "C" scale:





## Activities:

Write your own melody on the empty lines:





## Activities:

Write your own melody on the empty lines:

